

Sewing Tutorial



Task

To make Kangaroo hats for premature and sick newborns in the neonatal unit for our annual Kangaroo-a-thon.

Size:

Premmie 3-4lbs (approx. 1.3-1.8kg), to fit head circumference: 24cm

Material:

4ply baby soft wool (yarn)

2.75mm and 3.25mm Knitting Needles

Note: 1 ball will make approx 15-10 beanies.

Gauge: 18 sts and 24 rows = 10cm with larger needles in stocking st



Pattern abbreviations:

Alt = Alternate(ing), Beg = Begin(ning), Cont = Continue(ity),
Dec = Decrease(ing), K = Knit, K2tog = Knit next 2 stitches together, P = Purl, Rem =
Remain(ing), Rep = Repeat, St(s) = Stitch(es).

Suitable colours:

White, cream, lavender, pastel pink, pastel green or pastel blue.

Please do not use yellow, the colour is not suitable due to some babies being very jaundiced.

Instructions:

 For beanie (ears instructions on next page)

With smaller needles, cast on 46 sts.

1st row: K2. *P2. K2. Rep from * to end of row.

2nd row: P2. *K2. P2. Rep from * to end of row. Rep last 2 rows of (K2. P2) ribbing 4 times more.

Change to larger needles and proceed in stocking st until work from beg measures approx 9cm, ending on a purl row and dec 3 st(s) evenly across last row. 43 sts.

Shape top: 1st row: K1. *K2tog. K5. Rep from * to end of row. 37 sts.

2nd and alt rows: Purl.

3rd row: K1. *K2tog. K4. Rep from * to end of row. 31 sts.

5th row: K1. *K2tog. K3. Rep from * to end of row. 25 sts.

7th row: K1. *K2tog. K2. Rep from * to end of row. 19 sts.

8th row: As 2nd row. Cont in same manner, dec 6 sts on next and every following alt row until there are 13 sts rem. Break yarn, leaving a long end. Thread end through rem sts and fasten securely. Sew back seam, reversing 2cm for turn back.

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Instructions: Outer Ears (make 2):

cast on 12 stitches using the white or grey yarn and 4mm needles. Leave a long tail to stitch the ears to the hat.

K2tog – knit 2 stitches together

Rows 1-14: stocking stitch starting with knit row

Row 15: k1, k2tog, k6, k2tog, k1

Row 16: purl all stitches

Row 17: k1, k2tog, k4, k2tog, k1

Row 18: purl all stitches

Row 19: k1, k2tog, k2, k2tog, k1

Row 20: purl all stitches

Row 21: k1, k2tog, k2tog, k1

Row 22: purl all stitches

Row 23: k2tog, k2tog

Row 24: p2tog Cut yarn, pull through remaining stitch to close, weave in that end.



Instructions: Inner ears (make 2)

cast on 10 stitches using the pink or white yarn and 4mm needles. Leave a long tail to stitch the inner ears to the outer ears.

Rows 1-14: stocking stitch, starting with knit row

Row 15: k1, k2tog, k4, k2tog, k1

Row 16: purl

Row 17: k1, k2tog, k2, k2tog, k1

Row 18: purl

Row 19: k1, k2tog, k2tog, k1

Row 20: purl

Row 21: k2tog, k2tog

Row 22: p2tog Cut yarn, pull through remaining stitch to close, weave in that end.



To assemble the ears

put the ears together with the wrong side facing inwards. Use the long cast-on tail from the white inner ear to stitch the inner ear to the outer ear. Be careful to only catch the purl loops on the outer ear so your stitches don't show through to the other side

Attach the ears

Pinch one assembled ear at its base and use the grey or white main cast-on tail to make one stitch so it holds its shape. Then stitch the ear to the top of the hat. Repeat with the other ear.